

修和

內容：在日常生活中與自己、天主、別人及大自然修和

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如何講起？

- 在日常生活中與自己、天主、別人及大自然修和
- 方濟會小兄弟的反省
- 聖方濟 – 作為教會中的一個前輩「聖人」– 的靈感

先唱唱歌



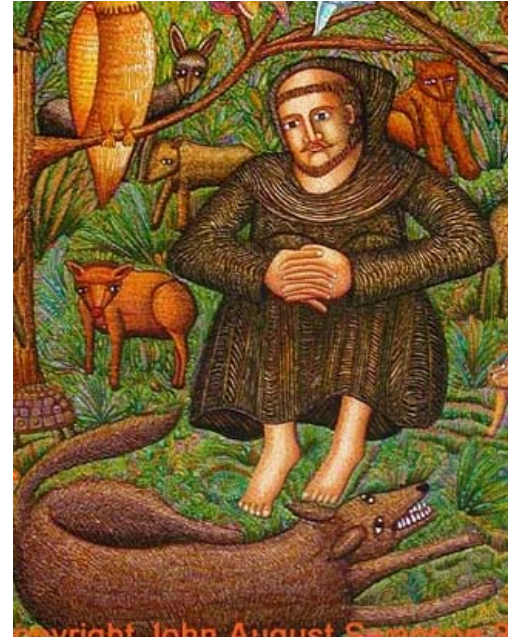
古比奧上空的藍天

方濟馴狼記的啟發





描繪一般方濟的畫像





方濟的馴狼記

- Gubbio 古比奧





0.Resolve : Taking initiatives

- For while the Saint was at Gubbio at that time, he had pity on the people and **decided to go out and meet the wolf ...**



1. Respect



- Then, calling to it, St. Francis said: "Come to me, **Brother Wolf**. In the name of Christ, I order you not to hurt me or anyone."

2. Recognize

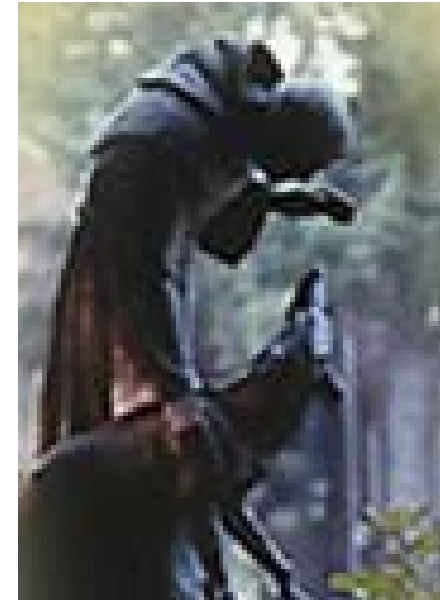
- And St. Francis said to it as it lay in front of him: "Brother Wolf, **you have done great harm** in this region, and you have **committed horrible crimes** by destroying God's creatures without any mercy.





2. Recognize

- But, Brother Wolf, I want to make peace between you and them, so that they will not be harmed by you any more, and after they have forgiven you all your past crimes, neither men nor dogs will pursue you any more."





3. Repent: Conversion

- The wolf gave a clear sign, by nodding its head, that it promised to do what the Saint had asked. And the wolf immediately began to walk along beside St. Francis, just like a gentle lamb.





3. Repent: Conversion

- "Listen, dear people," he said. "Brother Wolf, who is standing here before you, has promised me and has **given me a pledge** that he will make peace with you and will **never hurt you** if you promise also to feed him every day.





Rejoice: Praising God

- And the crowd was so filled with amazement and joy over the novelty of the miracle and over the peace pact between the wolf and the people, that they all shouted to the sky, praising and blessing the Lord Jesus Christ.



大團圓：古比奧 重見藍天





也是R

- 綠色三R：
 - 減少Reduce、
 - 再用Reuse、
 - 回收Recycle
- 補充綠色三R¹：
 - 拒用/改用 Reject / Replace、
 - 修補Repair、
 - 發掘Recover
- 宗教綠色三R
 - 尊重Respect
 - 明認Recognize
 - 悔改Repent

教訓：狼與藍天皆手足

Reconcile 修和



- 0. Resolve 下決心走第一步：跳出自己
- 1. Respect 尊重牠/他/她/它/祂的存有
- 2. Recognize 明認我與牠/他/她/它/祂的關係的問題
- 3. Repent 悔改 = 重整與牠/他/她/它/祂新的關係
- 0. Rejoice 慶祝：宇宙一體



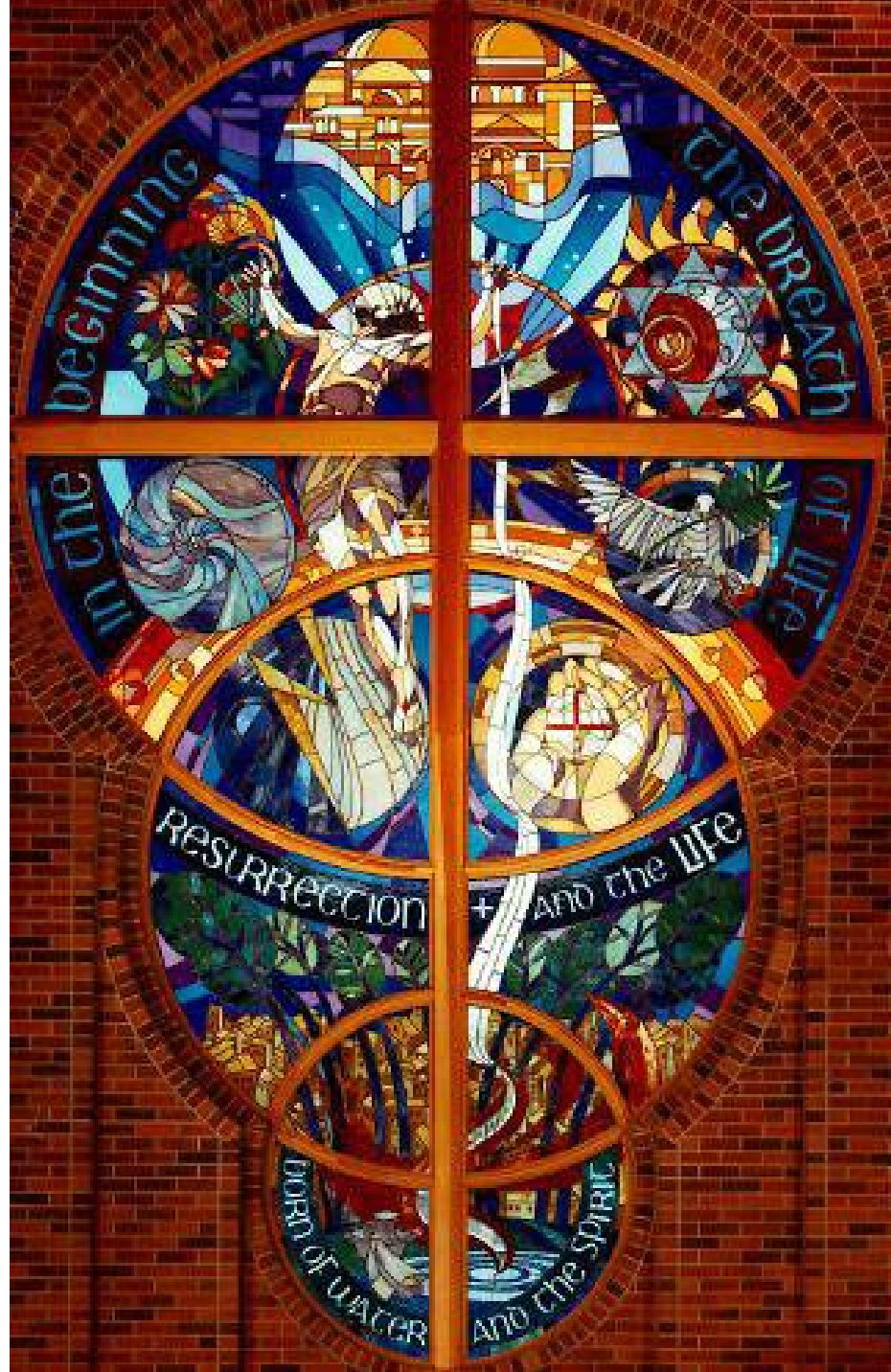
修和 Reconciliation

- = 關係的更新 Renewal of Relationships

我 與 ...	上愛天主		下愛世人	
	祂	牠/它	他/她	自己
	信	服從		過去
	望	貧窮		現在
	愛	貞潔		將來

我與祂的關係

- 聖父：創造：關係對方
- 基督：救贖：關係模範
- 聖神：聖化：關係持續
- 信德
- 望德
- 愛德





我與牠/它/他/她們的關係

- 手足情：同一造物主父
- 尊重：
 - 萬物的神聖性、作階梯的讓人走向天主
 - 萬物同生死
 - 「這個」的「這」





我與牠/它/他/她們的關係

- 明認：
 - 彼此責任及尊嚴
 - 自己如何傷害受造物
 - 「自私」的後果





我與牠/它/他/她們的關係

- 悔改：
 - 服從：「生態」「團體」「生命互相倚賴」的規則
 - 貧窮：「放下」「不執著」的抉擇
 - 貞潔：「惜緣」「惜物」「不佔有」的行動
 - 緣：手足情





我與自己的關係

愛人如己

- 接受過去的我：經驗
- 活在現在當下：想法、感受
- 面對將來的我：方向





實際建議

- 與天主修和：
 - 祈禱：省察、唸經
 - 讀經：聆聽、默想
 - 聖事：聖體、修和
- 與萬物修和：
 - 生活方式
- 與他人修和：
 - Say Sorry
- 與自己修和：
 - 聆聽、表達

- 人生方向
- 生命價值
- 坐言起行
- 時間金錢

